



CENTRE FOR BONE HEALTH PRESENTS A FREE EDUCATION EVENT

OSTEOPOROSIS: UPDATES & CONTROVERSIES

DATE & LOCATION

Saturday
November 3, 2018
9:00 am – 12:00 pm

St. George Banquet Hall
665 King Street North,
Waterloo, ON

SESSIONS AND SPEAKERS

Doors Open at 8:30 am | Presentations Begin at 9:00 am | Event Closes at 12:00 pm

Osteoporosis: Updates & Debunking Common Myths

Speaker: Dr. Sadhana Prasad

Nutrition: Bugs and Bones

Speaker: Amy Waugh, RD, CDE

Medication: Rumours vs Truth

Speaker: Rosemary Killeen BScPhm, PGCert, RPh

Exercise: What You Should Know & Hot Topics

Speaker: Dr. Lora Giangregorio

The event will end with 30 minute panel discussion with session speakers.

Light refreshments, local community organizations and osteoporosis resources will be available during the morning break.

REGISTRATION INFORMATION

Limited seating. Please Register by October 19, 2018

Online: www.bit.ly/CentreForBoneHealth | Phone: Crystal Hughes 519-743-5201 x 233

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